

Tellington TTouch-for-You Online

Bonus Q&A

Class Chat

July 28, 2020 of Q&A

- 00:44:40 From Victoria Ahrensdorf: This starts at 2:00 est, correct?
- 00:45:41 From Elaine Garley: Elaine Garley, Prescott AZ
- 00:46:46 From DAWN Kelley: Hello everyone, My name is Dawn Kelley. I live in Niantic, Connecticut.
- 00:48:48 From Donna Karras: Hi from Donna Karras in Sioux Falls, South Dakota
- 00:51:01 From Victoria Ahrensdorf: Click on lower left of screen to mute... won
- 00:52:14 From Victoria Ahrensdorf: I don't think it works to mute yourself on picture... or does it? Smile
- 00:59:39 From Elinor Silverstein: Hello, is someone hosting this now for the hour?
- 01:07:07 From Donna's iPhone: Donna Shugrue from Massachusetts
- 01:08:52 From Shannon's iPad: Shannon Yewell Weil from Cool, California
- 01:11:24 From Linda: Suggest you show Linda on full screen, rather than showing all participants. We could then more easily see what she's doing. Thanks.
- 01:11:46 From Victoria Ahrensdorf: If you click on speaker view... she is large on my screen
- 01:12:58 From Linda: I'm not a techie so didn't know how to fix it. Am now seeing her full screen. Appreciate your help.
- 01:16:23 From Elaine Garley: The Awaken Mind State - Anna Wise
- 01:16:38 From judy: awakening the mind Anna Wise
- 01:18:26 From Elaine Garley: If you aren't seeing Linda full screen, move your cursor to the upper right.. You'll see a mosaic of boxes or a single box

outline. Click on the single box with the corners outlined. Linda will be on the full screen.

- 01:18:52 From Denise Müller: linda: Try "alt + F1" key at the same time
- 01:20:30 From Elaine Garley: Click "Alt" and F for full screen
- 01:20:52 From Charlotte Walker: Gamma-Distance Connection explained in Dogs that know when their Owners are Coming Home-Rupert Sheldrake!
- 01:27:45 From judy: Code of Authentic Living by Joan King
- 01:28:30 From Elaine Garley: The Code of Authentic Living Cellular Wisdom by Joan C. King -- This book is very difficult to find. In King James Bible, Luke 17:20-21 "
- 01:29:10 From Elaine Garley: In King James Bible, Luke 17:20-21 "The Kingdom of God is around you and within you."
- 01:40:44 From Morgine Jurdan: I bought the wrong book. Who is the author of Uncommon Prayer book Please. Thanks so much
- 01:42:07 From Glen Stephen: Morgine it's Ruth L. Miller
- 01:43:29 From Victoria Ahrens Dorf: Dr. Popp's full name and name of institute please? Thank you so much!
- 01:44:15 From Glen Stephen: Victoria he is Fritz-Albert Popp
- 01:44:26 From judy: Dr Fritz-Albert Popp
- 01:46:54 From Charlotte Walker: The International Institute of Biophysics in Neuss, Germany, was founded by Dr. Fritz-Albert Popp, a German physicist credited with the discovery of biophoton emissions – tiny currents of light emanating from living things.
- 01:47:20 From Shari Lee: Beautiful Ronnie, Thank you.
- 01:50:43 From Victoria Ahrens Dorf: Thank you, Judy, Glen and Charlotte for the info!
- 01:51:14 From Charlotte Walker: You are welcome x
- 02:21:00 From Françoise from France: tank you Morgine for the Link of Gratitude by Louie Schwartzberg and Gratitude to you!

02:24:08 From Charlotte Walker: Peter Tompkins The Secret Life of Plants

02:24:23 From Charlotte Walker
https://www.goodreads.com/author/show/56843.Peter_Tompkins

02:24:42 From judy: International Journal for biophysics Dr Popp

02:26:18 From DAWN Kelley: I have a tree story to share

02:26:48 From Charlotte Walker: Channelle and to you :) xxx Thank you for the share

02:39:16 From Morgine Jurdan: Name of the book Linda just shared about the man having the accident

02:39:55 From yonah gershator: i was curious to know about heart...that when i do this circles, i often times feel a sense of heat...is this just energy being released or long held stuff being released?

02:40:04 From Charlotte Walker: Companion Animals and us we are symbiotic beings. Companion Animals are proven to relax restless minds. Oxytocin release between the human and animal-AAT/AAI

02:43:51 From yonah gershator: HEAT...not heart

02:45:15 From Charlotte Walker: Norman Doidge The Brain that Changes Itself & The Brain's Way of Healing: Remarkable Discoveries and Recoveries from the Frontiers of Neuroplasticity

02:45:37 From judy: Dr Norman Doidge Brains way of healing. His first book was The Brain that changes itself

02:57:06 From csuecr@hotmail.com: you can tell them how to touch their own hair!! ☐

02:57:23 From Victoria Ahrensdorf: Thank you so much. I need to go to teach a Zoom Feldenkrais lesson. See you next week! Blessings Abound!

02:57:30 From Glen Stephen: Thank you everyone for being part of this evening. It has been uplifting. I need to go and sleep now. So good night from me

03:02:08 From yonah gershator: but doesn't that have to do with the direction of the fibers of muscles?

03:04:22 From Karen Ingebrigtsen: You mentioned using water when you were doing 1-1/4 on your wrists. Why?

- 03:07:39 From Hella Neubert: Thank you very much... it was a pleasure for me to be connected with so many people from all around the world... got to go now... night walk with my dog and family... See you soon and take care, Hella for Munich/Germany
- 03:19:09 From emily: Thanks for everything today Linda!
- 03:39:23 From yonah gershator: thank you for sharing this story...i cried through alot of it...i'm an ampath and cry really easily
- 03:43:27 From judy: Healer by Dr Hazel Parcels
- 03:43:41 From Morgine Jurdan: What is her Name?? Say her name again
- 03:43:53 From Morgine Jurdan: Thanks
- 03:46:07 From Morgine Jurdan: 6.95 on Amazon on Kindle
- 03:46:27 From judy: thank you
- 03:48:43 From csuecr@hotmail.com: im listening but just taking care of Ash ..
- 03:51:49 From Ferry C. Sudirga: Hi linda, a quick question. I just saw on Sunday that there is a book about TTouch for Healthcare from 2008. Are we going to cover most of the techniques and principles in this course?
- 03:51:59 From Ferry C. Sudirga: https://www.amazon.com/TTouch-Healthcare-Professionals-Guide-Tellington/dp/157843047X/ref=sr_1_2?dchild=1&keywords=ttouch+health&qid=1595969528&sr=8-2
- 03:54:05 From Karen Ingebrigtsen: Can you demo the various movements on the knee, tarantula etc.?
- 03:56:12 From Donna Karras: Thank you for another wonderful afternoon.must go take care of my animals
- 03:59:45 From Morgine Jurdan: I have a question. My Edema makes my leg extremely swollen and it IS difficult to get the skin to move like normal areas without this swelling because it is so very tight. Any advice
- 04:04:06 From Françoise from France: Thank you for the immeasurable help of Ttouch in opening the source of our divine energy. Gratitude and best wishes with all my heart.
- 04:17:29 From Lois Kohlmeyer: Lois Kohlmeyer, Mesa AZ....I am going back to work next week. Hope to join you late on Tuesday....my hours may vary. I

will miss the luxury of staying for the whole class. You have helped me more than words can say.

04:19:14 From Lois Kohlmeyer: must leave now. Happy Trails and Aloha

04:37:43 From yonah gershator: Thank you...must leave. xo