



Cellular Wisdom Decoded

“Live with Linda” November 24, 2020 - Class Chat

- 12:12:58 From yonah gershator : what is the name again of what linda is using for the infection?
- 12:15:04 From Valentina : animals can have it too--I've seen it in cows...
- 12:17:45 From Sage Lewis : D-Mannose for UTI infection
- 12:17:58 From Valentina : Teresa-- wonderful! Where can we get your information?
- 12:18:24 From Sage Lewis : You can by D-Mannose at any health food store or Amazon.
- 12:19:59 From yonah gershator : AH, THANK YOU.
- 12:21:25 From Charlotte Erika Walker : I know has I was born with a rare condition called Duplex Collector System so from birth to surgery at the age of 14 as they could not work out what was wrong with me. So I know a lot about my kidneys, bladder and urethra! I had 2 urethras on my left side (one lose thus causing UTI's) and also have 'extra' kidney removed and the actual left kidney is smaller than the right. I often wondered if this was related to a twin!
- 12:22:24 From Mary Ann Pets & People Energy Medicine : Arvigo - The technique of Maya Abdominal Therapy
- 12:23:39 From yonah gershator : THEY would rather focus on viagra
- 12:25:23 From yonah gershator : woman's health is still not priority in this country.

- 12:25:42 From Charlotte Erika Walker : Well I believe it is stigma in a Patriarchy world, they don't tell us about menopause (at school) or society.
- 12:26:40 From yonah gershator : they don't basically much at all...thank goodness for the books our bodies ourselves that first came out years ago...
- 12:28:05 From Charlotte Erika Walker : Thyroid Seaweed supplements
- 12:28:26 From Charlotte Erika Walker : Make your own from Seaweed.
- 12:31:45 From Charlotte Erika Walker : Left side is also the Female Side! My headaches/migraines are hormone related-now with supplements they are gone.
- 12:33:30 From Heimke Moll : The left side of our body is also related to the PAST and the right side is related to the PRESENT
- 12:34:25 From Charlotte Erika Walker : Oh yes Heimke, I forgot this! Thanks for the reminder!
- 12:35:10 From Sage Lewis : Louise Hay says that headaches can be related to being out of integrity. IE: Saying yes when we want to say no to something or not being honest with ourselves and others. I get headaches when I'm "holding" in tears.
- 12:36:28 From Charlotte Erika Walker : Interesting Sage, thanks, I have Louise Hay book but don't reminder this. x
- 12:36:50 From yonah gershator : To Sage, Heimke and Charlotte...thank you...all of those make sense...very complex...lotsa things...am also dealing 24/7 at home with aging parents...very difficult.
- 12:37:16 From Sage Lewis : Yonah, bless you. Of COURSE you'd have headaches! :)
- 12:38:52 From Charlotte Erika Walker : Oh good Yonah, glad it can all help. :) x
- 12:40:24 From Mary Ann Pets & People Energy Medicine : Little finger has 2 meridians - Heart ends on inside of little finger and Small Intestine starts on the outside of the little finger. Small intestine is about decision making.

- 12:42:02 From Charlotte Erika Walker :
[https://www.healthline.com/nutrition/herbs-for-uti#2.-Uva-ursi-\(bearberry-leaf\)](https://www.healthline.com/nutrition/herbs-for-uti#2.-Uva-ursi-(bearberry-leaf))
- 12:43:36 From yonah gershator : thank you sage...loved what you said...and yes, i also notice that about the headache and tears...
- 12:49:14 From Charlotte Erika Walker : Epley Maneuver
- 12:50:00 From Linda Claire - Irvine, CA : Link to sign petition to protect homeopath products -- MUST BE SIGNED BEFORE DEC. 12.
<https://click.icptrack.com/icp/relay.php?r=79338517&msgid=2139569&act=94OA&c=616587&destination=https%3A%2F%2Fhomeopathychoice.us17.list-manage.com%2Ftrack%2Fclick%3Fu%3D4a77d6468f251266011755bf7%26id%3D7f0e4b134a%26e%3D532d78437f&cf=11568&v=475ccb3ff4447617b64a4d7f8a9bf1a2f413c3dd85d2670f77300e6ee2861e1a>
- 12:50:20 From yonah gershator : thank you for link...will sign
- 12:53:40 From Linda Claire - Irvine, CA : Thanks, Yonah! The FDA keeps trying to interfere. We've been through this fight many times in the past, but they won't give up. We need to do what we can to protect natural products from requiring outrageously expensive tests to be "licensed" when people have been using them since the beginning of time.
- 12:55:32 From Sage Lewis : Thank you, Linda!
- 12:58:38 From Charlotte Erika Walker : OK Lead I suggested Seaweed for Thyroid and Seaweed is also known to remove Lead and other heavy metals. As from Animal Self Selection- (Applied Zoopharmacognosy by Caroline Ingraham "Olive selected oils to help her liver, which included Seaweed absolute. This oil has the ability to remove heavy metals, such as cadmium, mercury and lead". This also applies to Humans as we are Animals too! x
- 13:00:34 From Charlotte Erika Walker : Lead pipes? Here there is in UK as so old- not sure about there!
- 13:01:11 From Pamela Beets : erin brokovitch has written a new book on American's water problems -
- 13:01:20 From Charlotte Erika Walker : The EPA should have the information too.

- 13:02:36 From Charlotte Erika Walker : Yes water test kit watch Planet Paws Rodney Habib discusses the water safety regarding water for pets!
- 13:12:34 From Charlotte Erika Walker : sorry I had to feed my dog his dinner!
- 13:17:43 From Paula Josa-Jones : My intuitive healer has me taking chlorella. Chlorella helps to detoxify our bodies from mercury and other harmful substances by wrapping itself around toxins to stop them from being reabsorbed. Chlorella has been shown to aid the elimination of mercury from the gastrointestinal tract, muscles, ligaments, connective tissue, and bone, as well as our skin.
- 13:18:58 From Paula Josa-Jones : You can stimulate that point with the tip of the tongue as well.
- 13:20:25 From yonah gershator : I'm going to post 2 different resources...<https://bettermovement.com/atm-audio/marek-wyszynski-772020> and <https://www.feldenkraisresources.com/Sensory-Motor-Education-for-the-Mouth-and-Jaw-p/2051.htm>
- 13:21:30 From yonah gershator : Very interesting because in Jin Shin Jitsu the thumb is a prime importance...
- 13:22:00 From yonah gershator : the last comment pertains to what sage is saying...oops
- 13:22:14 From Charlotte Erika Walker : Yes Paula! I work with Chlorella and Spirulina with Animals with Immunity issues and interestingly these are often the Animals eating grass! They are self selecting the 'Green' they are trying to get the nutrients from the green.
- 13:24:20 From Charlotte Erika Walker : Releases Feel-Good Hormones same as Chewing for Dogs.
- 13:32:00 From yonah gershator : There's a really great workshop that David Bersin did on the Tongue, Jaw and Eyes...if anyone cares to check out...called Primordial Connections.
- 13:33:44 From Charlotte Erika Walker : Ok it makes me feel a little sick is that because I have higher sensitivity in regards to Fibromyalgia?
- 13:34:00 From Charlotte Erika Walker : *hyper not higher!
- 13:36:29 From Chris Haggard : Does it happen with both ears or just one?

- 13:40:12 From yonah gershator : very good to know...am going to stop with slides
- 13:47:45 From Valentina : Chris-- the little flappy place in the front of the ear is called the tragus, and it relates to the adrenal glands--
- 13:48:00 From Chris Haggard : Ah! Thank you!!
- 13:48:32 From Paula Josa-Jones : Thank you!!! I have to leave for an appointment. Have a lovely journey!!!
- 13:49:45 From Pamela Beets : I must leave. Thank you everyone!
- 13:58:48 From Sage Lewis : Thank you so much for today! Time for clients! Love to all!
- 14:07:51 From Linda Claire - Irvine, CA : Thanks for a lovely session. I must leave now. Have a VERY special Thanksgiving. Bye for now.
- 14:08:09 From Charlotte Erika Walker : A huge sense of Calm!
- 14:09:50 From yonah gershator : I cried for most of the adventure...thank you
- 14:13:22 From Françoise from France : Feeling to be Home with respect and Gratitude. And Ease.....Wow....What an Happiness to share and live this journey.
- 14:13:57 From Charlotte Erika Walker : Thank you so much, bye for now Heart Hug Blessings xxx
- 14:14:39 From Valentina : And wishing all much joy for this most special time of Thanks....--xoxo-
- 14:14:47 From Heimke Moll : Hello international friends!

We will start our INTERNATIONAL ZOOM YOUTH CLUB

I hope you and your family feeling ok!

This Saturday we will start our International ZOOM Youth Club!

I like to start this Saturday, 28.11.2020 at 11 am.

This will be at the moment for a girl in Singapore and kids in Rangoon, Burma.

The next will be at the 04.12.20 at 7 pm for the rest of the world, at the moment Sweden, France, Germany, Ghana.

If you have kids (in your neighborhood, from friends, etc.) between 12 and 16 years old, who like to join us please let me know!

youth@thehall.org.uk

- 14:17:08 From Liz Thompson : Thank you all, it's always so lovely to see you. Big heart hugs and love
- 14:18:12 From yael grinberg : Thank you for yet another wonderful meeting. Love to everybody.
- 14:29:13 From Heimke Moll : By! See you all next week!
- 14:31:49 From Teresa Cottarelli-Guenther Switzerland : Thank you so much for this wonderful journey.
- 14:40:51 From yonah gershator : Bluebird Botanicals in Colorado - for CBD
- 14:42:37 From Anna Oeste : Anna Oeste, best CBD oil drops made in the USA: 2020... allamericareviews.com — as one possible website
- 14:46:04 From Anna Oeste : another great website: vitalitycbd.com All organic
- 14:46:30 From Kirsten : I would recommend Nano enhanced CBD oil
- 14:47:29 From Kirsten : Linda we can hear you!
- 14:47:38 From Chris Haggard : Can try going into Zoom -> Preferences
- 14:47:59 From Anna Oeste : and that is the brand Nano I, Anna Oeste, purchase
- 14:48:57 From Lois Kohlmeyer, Mesa AZ : love to all.....