



Cellular Wisdom Decoded

“Live with Linda” November 10, 2020 - Class Chat

- 12:01:23 From Margit Buen : My lovely kids
- 12:02:15 From Nancy Addison (Helmers) : I am still connected to my beloved dog (who has passed)
- 12:02:23 From Linda Tellington Jones : that we have a home
- 12:02:25 From Heimke Moll - Kind Hands 4 ALL : I just had a phone call with my son and I am so grateful for the love and understanding of this wonderful young man!
- 12:02:35 From Nancy Addison (Helmers) : The fire roaring in my stove
- 12:02:37 From emily : for the earth and all it's beauty; and for the beautiful immature golden eagle I just shared time with on my walk before class
- 12:02:45 From Nancy Addison (Helmers) : my amazing friends
- 12:02:53 From Sue : sage, cedar, juniper,rose petals, rose oil, wheatgrass, tobacco, our sacred fire
- 12:02:54 From Nancy Addison (Helmers) : my beautiful granddaughter
- 12:02:55 From andrea : Food. A warm bed. A job. Amazing friends. MY HEALTH!
- 12:03:06 From Nancy Addison (Helmers) : Covid 19 for the wakeup call

- 12:03:06 From Margit Buen : The dogs and horses, my fiance, my farm and my car. My senses, my ability to speak, see, feel and touch.
- 12:03:09 From Glen Stephen : Glen here from Botswana. I have been writing down one thing every day I am grateful for - from family to friends to air con in our 100 degree heat!
- 12:03:53 From Juel Duke : Juel Duke, in NC. I am grateful to have what I need, I am grateful to be able to help some of my friends. I'm grateful , too, for the technology that keeps us together.
- 12:03:59 From Glen Stephen : And my precious dogs who have been such good company :)
- 12:04:44 From Margit Buen : Food on the table, roof over my head, school for my kids. An amazing clinic where I can meet people and animals that I am appreciative enough to get to follow a little on their path.
- 12:05:07 From Nancy Addison (Helmets) : The trees around me
- 12:05:26 From Margit Buen : Being able to make friends, with different species.
- 12:05:38 From Valentina : My people family and my 20 animal family members. The daily renewal of living in nature. My functioning brain and body. Inspiration from teachers and fellow students. Relationship to the Divine.....
- 12:05:53 From Heidrun Lange : Heidi in Sicily. I'm grateful for the clean water that comes out of the tap, for being able to walk, see, hear, feel.
- 12:06:34 From Françoise from France : My Blessings: Linda and the Group for the wonderful Ttouch, my cat, my friends, my work, astrology, Buddhism, music, animal communication, help with Bach Flowers..., Nature, having a loved and loving heart from the Source...
- 12:06:34 From Margit Buen : Being part of nature, taking part of the magic dynamic of change, growth and perception.
- 12:06:48 From Charlotte Erika Walker : Gratitude: to have somewhere to live-I would be homeless if not for family. For somewhere to lie down, clean water, hot water, happy to be able to walk, and walk in nature, happy to have the tools to help me, happy to have the knowledge and ability to learn to help myself and others. Knowledge is Empowerment. My true gift my Animal Family x

- 12:07:03 From Teresa Cottarelli-Guenther Switzerland : To have a wonderful place to live, to be able to manage with the health situation of my husband. to go for wonderful walks with my dog to be connected with you all
- 12:07:41 From Margit Buen : My body, all the chemicals, structures and fluids.
- 12:08:30 From Margit Buen : Gravitation! Air to breath, water to drink and clean myself in.
- 12:09:49 From Glen Stephen : Sorry I missed the reading. Had to rescue another snake my cat has brought into the house for me!
- 12:10:13 From Margit Buen : Technology, so I can now stay in contact with all kinds of amazing people, learning possibilities and options to ask things I wonder about.
- 12:11:15 From Margit Buen : Lots of magical moments in contact with myself, individuals around me and nature in itself.
- 12:12:16 From Margit Buen : All the time my teachers have spent teaching me things I use every day.
- 12:12:50 From Margit Buen : My ability to learn, understand and change.
- 12:13:59 From Margit Buen : My curiosity, motivation and dedication.
- 12:15:33 From Margit Buen : My health, and my migrene - that still give me a chance to figure out how things are all connected.
- 12:16:24 From Nancy Addison (Helmets) : What are those 3 ways with the fingers?
- 12:19:08 From Charlotte Erika Walker : :O Glen, are they poisonous snakes?!
- 12:20:29 From Glen Stephen : The one I rescued now is not. A beautiful silver thread snake
- 12:21:03 From Charlotte Erika Walker : oh cool!
- 12:23:30 From Morgine Jurdan : I LOVE sending it Into the finger! Wow!! Very powerful for me!!!
- 12:24:52 From Margit Buen : This can be done with dogs too right?

- 12:26:07 From Heidrun Lange : Has anybody tried touch on plants?
- 12:27:20 From Margit Buen : Please bring the hand chart 😊!
- 12:29:21 From Heimke Moll - Kind Hands 4 ALL : Heidrun, I have! it is magic. Have a look on my video. <https://www.youtube.com/watch?v=sK2DnGhzB7E>
- 12:30:43 From Heidrun Lange : Thank you Heimke, I will certainly watch your video!
- 12:31:41 From Charlotte Erika Walker : Heimke Great thank you! x
- 12:47:32 From yonah gershator : just a comment...i heard someone say that placing the hands is like placing a poultice on that area. i really liked that...
- 12:47:39 From christine shaw : Christine Shaw from Canyon Lake Tx here finally.....
- 12:48:32 From Margit Buen : Do I think about the connection up through the hand, wrist and underarm and shoulder, when I touch the hands?
- 12:51:45 From yonah gershator : Anna - loving what you are saying....and totally resonate with what you are saying...
- 12:57:54 From Victoria Ahrens Dorf : I am going to make an attempt to contact Joe and Kamala through a friend. I will pass that on!
- 12:58:02 From Charlotte Erika Walker : Clearing the throat-its a nervous thing!
- 13:14:43 From Charlotte Erika Walker : Linda can you repeat the area on our hand? I have a chart here!
- 13:19:46 From Heimke Moll - Kind Hands 4 ALL : In one of my courses we had a whole litter of 7 kittens. And every kitten fell asleep when we Touched counterclockwise and woke up again when we touched clockwise again.
- 13:22:05 From Charlotte Erika Walker : Thanks Morgine! :) x
- 13:22:55 From Charlotte Erika Walker : Heimke-WOW That's an amazing story!
- 13:23:42 From Heimke Moll - Kind Hands 4 ALL : It was really like flipping a switch to sleep or be awake.
- 13:24:30 From Sarah Hauser : heimke that's so interesting!!

- 13:31:06 From Sarah Hauser : feels better with 12 towards my knee, 6 towards my hip when sitting and working on top of my thigh
- 13:55:19 From Victoria Ahrens Dorf : May I share something?
- 14:00:27 From Charlotte Erika Walker : I just felt certain areas of my body and got twinges and it was like HEY I AM HERE, yes thank you I said! :) xxx
- 14:02:01 From Morgine Jurdan : I thought of people I dearly Love who are having Big challenges and I put them in a Circle of Mirrors intending that they could recognize and Own the Divine Spark inside their own Being and it felt so Delightful
- 14:02:07 From Yesim Alic : felt like without walking traveling weightless
- 14:04:00 From andrea : My journey today was for my brother who is having heart problems. Last Friday his heart was pumping at 15% and I have been sending him so much heart energy. Attaching those golden threads to his heart and trying to bring potential to his cells in his heart. I heard today that he has improved greatly and is nearly back to his old self with the help of medication of course but I like to think that I helped him in some way :) Heart hugs from South Africa to Australia
- 14:04:56 From csuecr@hotmail.com : ive tried to imagine the forest but kept getting some kind of feeling like im in the water like a dragon or a mermaid with fins and swimming into the water towards the centre of the earth with fire water and sand . then sitting on the beach warmed by a fire wrapped in a warm cloak with loved ones. we are surrounded by mirrors safe from all harm.
- 14:06:09 From Françoise from France : no difference being near or far, dead or alive. we are in the Oneness, the Brilliance, vibratory beings....in the Heart.
- 14:06:18 From csuecr@hotmail.com : thank you everyone!
- 14:06:33 From Sarah Hauser : thank you Linda! ❤️
- 14:06:33 From Heidrun Lange : Thank you so much!
- 14:06:34 From Charlotte Erika Walker : Thank you! :) xxx
- 14:06:45 From Heimke Moll - Kind Hands 4 ALL : Thank you!!!

14:07:01 From Teresa Cottarelli-Guenther Switzerland : thank you so much Grazie grazie!!!

14:07:09 From Denise Müller : good night

14:07:11 From Yesim Alic : thank you Linda Kirsten and all

14:07:15 From Dana : Thanks and blessings

14:07:38 From Françoise from France : Thank Youuuuu