



Cellular Wisdom Decoded “Live with Linda” October 13, 2020 - Class Chat

- 11:52:55 From Donna Karras : Hi from donna Karras in Sioux Falls South Dakota, expecting a freeze tonight!
- 11:56:23 From Françoise from France : Good morning luminous Linda and the blessed group.
- 11:58:25 From gretchen langner : Hi Everyone - Gretchen Langner- Portland, Maine
- 12:00:03 From Heimke Moll : Hello! Heimke Moll form Cornwall/UK
- 12:01:25 From andrea : Howzit from Andrea in Cape Town
- 12:03:53 From Charlotte Erika Walker : Hi Charlotte Erika Walker from Dorset, UK
- 12:04:05 From Heidrun Lange : Hello to everybody from Heidi from Sicily!
- 12:04:17 From Anna Oeste : Good Morning, Anna Oeste from Bainbridge Island, Wa
- 12:04:33 From csuecr@hotmail.com : hi its Channelle from Kelowna BC.
- 12:18:35 From Nancy Addison Helmers : That is really good to know, Linda. I have worried about that—having my hands on someone when I am sad or whatever.
- 12:20:04 From Nancy Addison Helmers : I have found that making the circles affects my own well being as well.
- 12:21:16 From Nancy Addison Helmers : Is there any way we can get a copy of what you just read?

- 12:31:41 From Victoria Ahrensdorf : The B.Body will be available again in the first quarter of next year. Good to buy and get the best price now and add the B.Body next year.
- 12:32:55 From Victoria Ahrensdorf : The B.Sit will return next year as well.
- 12:33:18 From Cathy Wright : Please send me the information. I am not sure that the name has been spelled correctly.
- 12:34:32 From Mary Ann Pets & People Energy Medicine : BEMER - Reach out to Linda at Linda@ttouch.com
- 12:35:37 From Kirsten : If you contact Linda directly, always please copy me so i can follow up with Linda. Kirsten@ttouch.com
- 12:37:45 From csuecr@hotmail.com : hair slides have made my hair grow fast
- 12:38:57 From יעל גרינברג : Sorry, I cannot join you today. Looking forward to see you next week, Love, Yael
- 12:43:39 From Shannon Weil : Joan King, Code of Authentic Living
- 12:44:01 From Kirsten : Joan C. King The Code of Authentic Living: Cellular Wisdom
- 12:44:48 From gretchen langner : What about cosmetic cellular help such as saggy shins and skin spots or raised dried spots/
- 12:45:07 From gretchen langner : Saggy skin
- 12:45:53 From Nancy Addison Helmers : Wow. That sounds fantastic. Linda, can you give us more info on what you listened to?
- 12:46:25 From Kirsten : DR Zach Bush MD
- 12:46:25 From Nancy Addison Helmers : Thank you!
- 12:47:39 From Charlotte Erika Walker : 444 The angels I have 444 too! Angel Number 444 is a message that you have nothing to fear in regards to your life, work and Divine life purpose.
- 12:49:46 From Nancy Addison Helmers : I am always wanting to add in a lift. Should I just go with it?
- 12:58:47 From ronnierugys : And we are grateful to ;you

- 12:59:41 From Charlotte Erika Walker : WOW Heimke! Amazing x
- 13:00:12 From Mary Ann Pets & People Energy Medicine : Love that idea of having it in my email signature
- 13:00:53 From yonah gershator : LOVE that idea of Holy Water Gretchen :)
- 13:02:01 From Victoria Ahrensdorf : She woke up at 4:44 this morning
- 13:03:16 From Liz Thompson : So many of my clients end their messages to me with "sending heart hugs to you" ...I love it!!
- 13:04:30 From Heidrun Lange : This is the link
- 13:04:32 From Heidrun Lange :
<https://nextadvancedmedicine.com/2020/05/14/watch-this-inspiring-and-fascinating-interview-on-coronavirus-with-dr-zach-bush-m-d/>
DR Zach Bush MD
- 13:05:04 From Chris Haggard : thanks!!
- 13:06:34 From Yesim Alic : https://youtu.be/V_EDQSp5ayU
- 13:07:26 From andrea : It works for me in South Africa :)
- 13:07:55 From Nancy Addison Helmers : This link from Yesim is working for me.
- 13:08:55 From Yesim Alic : yes it works but I am not sure knowledge is the same
- 13:09:34 From Linda Claire - Irvine, CA : There is LOTS of censorship happening, so perhaps that's why Zach's video isn't available. The Truth About Vaccines, GreenMedInfo and others have been blocked from Facebook, Instagram, etc. For those who are interested there is a streaming of THE TRUTH ABOUT VACCINES (re vaccine safety) beginning tonight, with one episode running every day for the next ten days. They originally streamed it a couple years ago (7 segments) but there are 10 segments in this year's edition. GREAT INFO!! Go to their web site to sign up -- free to all -- thetruthaboutvaccines.com.
- 13:10:59 From Charlotte Erika Walker : Yesim Thank You that link works. They are trying to take them all down so this will disappear soon!
- 13:11:07 From gretchen langner : What is the 444 angel message??
- 13:12:49 From Charlotte Erika Walker : I have one from the book!



- 13:14:56 From Charlotte Erika Walker : Gretchen there is a lot but I took this for Linda Angel Number 444 is a message that you have nothing to fear in regards to your life, work and Divine life purpose. Full explanation: <http://sacredscribesangelnumbers.blogspot.com/2011/09/angel-number-444.html>
- 13:17:48 From Charlotte Erika Walker : Everyone should watch this It has a lot of great minds including Dr Zach Bush MD https://www.facebook.com/watch/live/?v=801845600591643&ref=watch_permalink
- 13:25:53 From Paula Josa-Jones : I like using the Kansa wand using TTouch.
- 13:26:05 From Paula Josa-Jones : https://theayurvedaexperience.com/products/kansa-wand-for-face-body-with-iyura-manjish-glow-elixir?variant=1871100936203&gclid=Cj0KCQjwoJX8BRCZARIsAEWBFMKkOGesXXkauPpyk8Xembgy21MTIBI29igoezm38c1ajBm5ESLzszQaAsytEALw_wcB
- 13:27:01 From gretchen langner : Thanks Charlotte
- 13:30:06 From Liz Thompson : Think I'm going to be practicing face ttouch every day now ! Thank you :)
- 13:30:38 From Chris Haggard : I've been recovering from concussion last year so I think this will help my face as well.
- 13:31:05 From Teresa Cottarelli-Guenther : a little Case history: Good evening everybody, I'm late, coming home from a very busy day, 800km, which I shared driving with my husband! He has a very bad blood circulation in his hands, they can be like frozen. While he was driving I made TTouch on his right hand which was almost white, he has no feeling! I first put his hand in mine, I made the turtle TTouch, then I made Python lifts on every single finger, not more then 3 minuts, he needed his hand again for driving!! In about 5 minuts the circulation came back abd his hand was warm!
- 13:31:12 From gretchen langner : Yes- Chris- I can see where this would be REALLY good!
- 13:31:33 From Chris Haggard : My face was all weird from the concussion!
- 13:43:39 From Charlotte Erika Walker : I have my video off as the last few hours I got really bad shoulder pain (osteoarthritis & fibromyalgia however have

been in remission but the weather has changed here to being very wet and cooler than usual so body becomes stiffer from the weather). I haven't had for awhile but I worked on it through hand reflexology in this session and now it has gone! I believe it is due to recognising it myself and letting me heal myself thus this is why it doesn't take as long as if someone else working on the body. Do you think this is it-I myself get the cells healing myself (a greater result than if someone else did it).

- 13:47:38 From Cathy Wright : I have a zipper from a chest surgery. The heart hug is a multiple benefit.
- 13:51:28 From Denise Müller : I must say "good night", I'm Looking Forward to see you all next week
- 13:51:56 From Denise Müller : heart hug to all and have a nice time :)
- 13:52:12 From Charlotte Erika Walker : Bye Denise :) x
- 13:52:33 From Denise Müller : bye Charlotte :) x
- 13:53:34 From Teresa Cottarelli-Guenther : Good night I have definitely go to bed, See you next week. With a HeartHug
- 13:54:17 From Charlotte Erika Walker : Bye Teresa :) x
- 13:55:01 From Nancy Addison Helmers : The lovely thing about T-touch is that it is an inter-species communication...
- 13:55:36 From Charlotte Erika Walker : Yes Nancy! :) x
- 13:55:45 From gretchen langner : BTW- My arthritic feeling in my thumb joint is gone.
- 13:56:24 From Cathy Wright : That is wonderful!
- 13:57:36 From Charlotte Erika Walker : Brilliant Gretchen
- 13:58:03 From Paula Josa-Jones : Thank you everyone!
- 14:02:23 From Cathy Wright : Bye, I have to leave now. Thank you Linda and everyone.
- 14:05:00 From Victoria Ahrens Dorf : Gretchen, I'm so glad to hear your thumb pain is gone! I'd love to talk with you for a friend who was a Rolfer and has 2 painful thumbs.

- 14:06:42 From Victoria Ahrens Dorf : Kirsten, can you send this to me, too, please? (what Linda said about Atlantis) thank you so much.
- 14:07:29 From Victoria Ahrens Dorf : Kirsten, I got stuck on the site and fb ... it sent me to a page to login again and I could not do what I was told to do.
- 14:08:02 From Victoria Ahrens Dorf : Kirsten, what is your number?
- 14:13:30 From Pamela Beets : Yes I can see it Linda
- 14:13:56 From Pamela Beets : hi, Sorry I have to go now. Wonderful time:)
- 14:14:46 From Juel Duke : I need to go, as well. til next week. heart hugs 🍷🍷
- 14:18:12 From Heimke Moll : Here you can find the Atlantis poem!
<https://tellingtontouch.wordpress.com/2010/01/18/atlantis/>
- 14:18:54 From Charlotte Erika Walker : Heimke Great!
- 14:22:40 From Kirsten : TT4U affiliate link:
<https://www.ttouchforyouonline.com/affiliate/>
- 14:27:13 From Sarah Hauser : sorry can u show one more time difference between camel and owl?
- 14:27:27 From Linda Claire - Irvine, CA : For the past few months I've been receiving the newsletter from Bobby Kennedy, Jr.s group, CHILDREN'S HEALTH DEFENSE. They are doing GREAT work, and I highly recommend everyone check into them.
- 14:27:57 From Charlotte Erika Walker : Yes Linda Claire! Me too :) x
- 14:29:42 From Charlotte Erika Walker : Karen that is lovely :) x
- 14:29:49 From Linda Claire - Irvine, CA : Charlotte, glad to know you're also in the loop. A friend of mine just advised CHD has established a California group and we may be trying to assist the parent group in assisting people by answering questions, etc. I'd wondered how to help, and this came through, so I think it's a message from the Universe!
- 14:31:14 From Charlotte Erika Walker : Yes perfect I am meeting Sage on Friday about bringing in Heart Hug to schools etc through Animal Assisted Therapy!
- 14:31:29 From Charlotte Erika Walker : Linda Claire for you

- 14:33:20 From Linda Claire - Irvine, CA : Thanks! Great things that we all can do to help others. The world would be a terrible place without animals! They are such blessings and bring joy to everyone/everything.
- 14:35:32 From yonah gershator : Chris...loved what you said.
- 14:36:00 From Charlotte Erika Walker : Linda Claire Yes they are, my dogs are healer blessings I have received and have brought me to this vocational calling :)
- 14:37:38 From yonah gershator : oh cool...biotensegrity!
- 14:39:07 From Ronnie Rugys : That is my experience now—the matrix which we are— — I follow my intuitions and it takes me in different place releasing pain in other areas. For me it is trusting touché and spirit within me. Will talk about it more next time as I deepen within this. Thank you. Beautiful sharing Chris
- 14:39:28 From Linda Claire - Irvine, CA : Charlotte, you would enjoy the book TELSA, about a "healer dog." Don't have it handy and don't recall the name of the author, but it's a lovely story.
- 14:41:09 From Charlotte Erika Walker : Linda Claire, oh thank you I will check it out!
- 14:41:19 From Chris Haggard : It's a tough habit to break! (Clearing throat)
- 14:46:42 From Ronnie Rugys : I am leavening. Heart hugs to all till next time
- 14:48:11 From Charlotte Erika Walker : Today is powerful for me, the 8-9 pain I had has gone, thank you so much :) x
- 14:48:12 From gretchen langner : I too must leave BUT still have many questions SO- I shall email you Linda- Via Kristen. Many Thanks
- 14:49:34 From Charlotte Erika Walker : They do understand! :)
- 14:50:36 From Liz Thompson : goodnight everyone heart hugs, love and thanks to you all
- 14:51:45 From Nancy Addison Helmers : Who is the author of Telsa?
- 14:52:28 From Nancy Addison Helmers : Oh, I just re-read your text. You don't remember the author

- 14:52:43 From Donna Karras : I must go, look forward to next week Be safe, thanks for a refreshing session. It helped a lot
- 14:53:35 From Charlotte Erika Walker : <https://www.amazon.co.uk/Telsa-Story-Extraordinary-Healing-Powers/dp/1844096114>
- 14:53:40 From Linda Claire - Irvine, CA : I just checked my bookshelf. Sorry, but I gave my copy to someone a couple years ago. I don't remember the name of the author. It may be TESLA, not TELSA -- I sometimes reversed the letters in my mind. Hope you can find it.
- 14:53:41 From Charlotte Erika Walker : no
- 14:54:54 From Chris Haggard : I'm sorry I need to log off. Wonderful to be with you! <3
- 14:55:36 From Charlotte Erika Walker : <https://www.amazon.co.uk/Telsa-Story-Extraordinary-Healing-Powers/dp/1844096114>
- 14:57:00 From Viktoria Vercelletto : thanks all, lovely meeting. until next time.
- 14:57:29 From Charlotte Erika Walker : Nancy/Linda Rosemary Stephenson the author of Telsa
- 14:57:46 From yonah gershator : The shape of the owl is the same as the golden mean :)
- 15:00:28 From Charlotte Erika Walker : Bandwidth is too low
- 15:02:28 From yonah gershator : sarah ya just gotta play with the position...you'll know what feels right :)
- 15:02:52 From Dana Davison : Heart Hugs, Everyone! Until next time...
- 15:04:36 From Sarah Hauser : thank you all! must go for now 
- 15:06:31 From yonah gershator : charlotte...really interesting to hear what you had to say here...it resonated bigtime.
- 15:08:28 From Victoria Ahrensdorf : A doctor once told me, that all the pain medicine does is make you too stupid to care... so just what Linda is saying, it shuts us down. I thought he was the most honest doctor of all.
- 15:14:39 From Yesim Alic : Thank you Linda and all 

15:14:47 From Heimke Moll : Good night!!