



Cellular Wisdom Decoded

“Live with Linda” October 6, 2020 - Class Chat

- 11:59:39 From Morgine Jurdan : It's cooling down here. 70's and 40 some at night. Good after al the fires here! I am grateful! This week is clear and NICE to enjoy FRESH AIR for a change!!
- 12:00:13 From Mary Ann Pets & People Energy Medicine : Same in Chicago
- 12:00:18 From Mary Ann Pets & People Energy Medicine : Beautiful!
- 12:00:29 From Anna Oeste : Anna Oeste, Bainbridge Island, WA
- 12:01:14 From Mary Ann Pets & People Energy Medicine : Taking Root to Fly - Front Cover
- 12:01:44 From Mary Ann Pets & People Energy Medicine : Yonah shared book
- 12:02:06 From Lois Kohlmeyer, Mesa, AZ : even Phoenix is getting a bit cooler. yay!
- 12:04:51 From Mary Ann Pets & People Energy Medicine :
Ruth Miller Uncommon Prayer - To order:
<http://ruthlmillerphd.com/ruthlmillerbooks.html>
- 12:05:43 From Denise Müller : 51,8 °F in Munich, Cold, windy and raining...
- 12:11:27 From Kirsten : 73 F in Santa Fe and sunny
- 12:13:42 From Charlotte Erika Walker : There seems so much linked to the concept of Patheism. Understanding the divinity in nature and universe. A belief of 'religious' philosophy embracing science with Nikola Tesla and

Albert Einstein as followers. Note Pantheism symbol is Nature's Golden Ratio.

- 12:19:51 From Charlotte Erika Walker : Grounding
- 12:20:36 From Morgine Jurdan : Yonah, Linda is suggesting to Call her In Energetically whenever you need her!
- 12:25:40 From Heidrun Lange : telepathy
- 12:26:16 From yonah gershator : Yes, Morgine :) I finally got that :)
- 12:31:41 From Jyl hershman-ross : I've brought heart hugs into 2 very stressful events this past month. great tool
- 12:35:19 From yonah gershator : Thank you Gretchen interesting insights. Also, my name is Yonah...rhymes with Jonah :)
- 12:44:31 From Charlotte Erika Walker : Well Done Lois you are here now xxx
- 12:50:24 From Charlotte Erika Walker : reflux
- 12:52:15 From Chris Haggard : Joining late. Chris Haggard, Washington, DC. Feldy trainee, TTouch for companion animals — Rockville, MD
- 12:52:56 From Mary Ann Pets & People Energy Medicine : just a reminder - Please type in your name, where you are from and how you got involved in TTouch
- 12:54:04 From yonah gershator : Yonah from New York. Got involved with TTouch after I saw the FEldenkrais summit
- 12:54:30 From Nancy Addison Helmers : Hi Anna. Nice to know you are on Bainbridge. I'm in LaConner, near Anacortes. I'm also a Feldenkrais practitioner and am new to WA. (I moved from Europe last year.) Been wanting to explore Bainbridge. Maybe we can meet?
- 12:55:13 From Anna Oeste : Hi Nancy,
- 12:55:38 From Charlotte Erika Walker : I spoke about before on UK BBC radio before covid there was a programme about Touch it started in 2017 and now the results are out this week and updated as they were talking about Touch Hunger (Touch Starvation)
<https://www.bbc.co.uk/programmes/m000n5xx>

- 12:55:56 From Anna Oeste : Hi Nancy, Yes, I would like to meet ups
- 12:55:57 From Charlotte Erika Walker : Françoise so pretty angel
- 12:56:11 From Sarah Hauser : Sarah Hauser, nyc, originally started learning TTouch to help my feral kitty Garbanzo
- 12:56:25 From Heimke Moll : Heimke Moll from Cornwall UK. P2 practitioner for companion animals, P1 for horses, , Jin Shin Jyutsu Practitioner for humans and animals and shamanic healer.
- 12:57:39 From Charlotte Erika Walker : Heimke you are UK we must connect! Charlotte Erika in Dorset Animal & Human Healer x
- 12:59:55 From Andrea Bowen : Andrea Bowen from Cape Town. Companion Animal Prac 1. Bought to TTouch by my beautiful Jessie who was anxious and reactive. She is now one of my animal angels <3
- 13:01:22 From Glen Stephen : Glen from Botswana. I was introduced to TTouch by Lindy Dekker. 13 years ago. I am now an Equine Practitioner and nearly finished my Companion Animal TTouch practitioner
- 13:01:22 From Nancy Addison Helmers : Anna, my phone number is 970-456-8426. Can you text me?
- 13:03:48 From Christine Dombroski : Christine from Albuquerque, NM. I just always wanted to learn TTouch. I'm not even sure when I first heard about it....
- 13:06:35 From Heimke Moll : Charlotte I contact you by FB! Let us do something together!!
- 13:06:40 From Lois Kohlmeyer, Mesa, AZ : Lois Kohlmeyer, Mesa, AZ: I first heard of Linda from Allan Questel because he knew I was a horse person and he suggested that I read one of her books.
- 13:07:15 From Charlotte Erika Walker : Heimke Connected! xxx
- 13:16:30 From Denise Müller : I received today a little Feedback from one of my students
- 13:18:56 From Denise Müller : we made one/two TTouch lessons in may and she had has very severe circulatory Problems and she had to lie down. Now it is very much better

- 13:19:34 From Denise Müller : the ear-touches helped her really good
- 13:20:03 From yonah gershator : Heimke Moll...wow, you are a JIN SHIN person...I've been into that for a while now and love it...you probably know of Adele Leas then if you work with animals...she is wonderful! :) Nice to meet you on this medium
- 13:20:29 From Charlotte Erika Walker : Denise would be great to hear the process you went through with your student!
- 13:21:08 From Heimke Moll : Hello Yonah! I am trained by Adele! She is amazing!
- 13:22:27 From yonah gershator : Heimke OH WOW! I cry everytime I see her video working with animals. So beautiful. Great that you do JIN SHIN. I've had sessions with Anita Willoughby and Jules Rochon in NY and am self-teaching with all the books.
- 13:23:24 From Linda Claire - Irvine, CA : Yonah and Heimke -- I've been studying Jin Shin and love it. Have taken self-help classes with Blythe Fair and online classes with Carlos Gutierrez and Wayne Hackett -- which was amazing! Am signed up for the 5-day basic online in Nov.
- 13:24:04 From yonah gershator : Linda Claire - Carlos is wonderful! :)
- 13:24:06 From Heimke Moll : I offer JSJ workshops for animal lovers by ZOOM!
- 13:24:36 From yonah gershator : Heimke. NICE! :)
- 13:24:43 From Linda Claire - Irvine, CA : Heimke -- please send me info re Zoom classes because friends and I might be interested.
- 13:25:23 From Charlotte Erika Walker : is it to do with Dr Emoto's water vibration, your moves are positive so working with the water will increase the power?!
- 13:25:29 From Heimke Moll : Look at my web-page www.Heimke-Moll.co.uk
- 13:26:09 From yonah gershator : Heimke - I've been combining TTouch, JSJ and Feldenkrais when I work with myself and parents. :) So I'll do the holds and then apply the Ttouch as example
- 13:26:11 From Linda Claire - Irvine, CA : Great! I
- 13:26:12 From Heimke Moll : Thank you!

- 13:27:18 From Linda Claire - Irvine, CA : I'll check out your site and will share with friends. I love Dr. Emoto's water books and enjoyed attending a couple of his live presentations several years ago. We spoke about it during our last self-help JSJ class.
- 13:28:02 From yonah gershator : Thanks Heimke for your site. will check out. ;)
- 13:28:39 From Kirsten : www.spiritsintransition.org
- 13:28:53 From Morgine Jurdan : I do this work ALL THE TIME and animals rarely are focused on their pain. IF they are uncomfortable or not. They will be honest and up front. Sometimes they are fine with all the discomfort. Animal communicator for over 20 years.
- 13:30:22 From Morgine Jurdan : They do not want her to be in pain, however, asking the Cat how the cat is Experiencing it. Because often the animal is focused on other things and not their pain. Every one is an individual. Yes ask the animal how they are doing even if in pain. Just like your grandmother. She might have pain and still not want to die.
- 13:31:24 From Sarah Hauser : often the cat will wait til the humans are ready to let them go.
- 13:31:47 From Valentina : Oh gosh, our farrier is here an hour early, I've got to bounce- heart hugs to all, xoxoxo-V
- 13:34:03 From Heimke Moll : It is the same with holding the hand of a person. It is so much harder for this person to go!
- 13:34:19 From Denise Müller : I tell my Story with the Student next time - it's time for me to leave,it's late and I have to tell good night :)
- 13:57:27 From Morgine Jurdan : Feet In cannot read
- 13:57:52 From Morgine Jurdan : Feet I cannot reach... sorry still in transition
- 13:58:00 From Mary Ann Pets & People Energy Medicine : Looking around and seeing my animals and then looking around to see the faces of this group. Connecting and smiling.
- 13:58:11 From Mary Ann Pets & People Energy Medicine : The power of a smile
- 13:58:16 From Linda Claire - Irvine, CA : I must leave for an appointment, so bye for now. See you next time. Thanks for a special session.

- 13:58:33 From Ruby Rubin : Ruby here and I really connected to my feet and grounded into the forest with so many special animals and the trees
- 13:58:46 From Chris Haggard : Feeling and seeing my guides in the forest with me.
- 13:59:19 From Karen Ingebrigtsen : Butterflies carried me so lightly and effortlessly. Saw family members' loving spirits.
- 13:59:50 From Andrea Bowen : I love connecting with my spirit animals. So much unconditional love in abundance. I don't like leaving them
- 13:59:50 From Nancy Addison Helmers : Having Linda (my dog) with me. Brought joy to my heart and a big smile to my face
- 13:59:56 From Linda Tellington Jones : the experience of creating this reality together. i feel the appreciation Mother Earth and the trees of the forest. and the fairies were happy to be acknowledged by some of you.
- 14:00:06 From Chris Haggard : Feeling like I wanted to TTouch my upper back near my shoulder blades. But then when you reminded us to take a breath and that our lungs are also far up in our body.... A-HA! I could breath into those areas and help/light from within. It didn't matter I could reach from the outside because I could from the INSIDE.
- 14:00:18 From Glen Stephen : The zebras on the plains below as we flew to the yellow bark acacia forest. Hippo by the pool in the forest. So many elephants nearby
- 14:00:18 From gretchen langner : Im now going to keep a jar of holy water at my bedside. Extraordinary the sense of conductivity- connectedness the water bringS! Merci
- 14:01:11 From Glen Stephen : Reaching my back in my mind was very special
- 14:01:12 From Ruby Rubin : Thanks Morgine
- 14:01:26 From Sarah Hauser : always so good to feel in nature, which can feel so far away, living in New York City. I didn't realize that a couple of places on my neck and back were so tight, but just a few ttouches gave so much awareness and opening up there. thank you!
- 14:01:35 From Françoise from France : i enjoyed the space and the tender breathing of the Earth and the amazing trees in a love atmosphère.

- 14:01:38 From Lois Kohlmeyer, Mesa, AZ : Lois Kohlmeyer, Mrs. Clancy, the family dog when I was in HS, she appeared and came on the carpet with me. A black Chesapeake, to help me and be with me.....and tell me she was ok
- 14:02:00 From Charlotte Erika Walker : My feeling/sensations are after the session as my Cat will not leave me alone and as if he is feeding of my energy. And my ganglion on my wrist is 'activating' with a little stabbing pains as if the cells are talking to each other I hope to heal!
- 14:02:01 From yonah gershator : This time with this meditation, a different color carpet...red and gold very plush...and i was standing on it with a very long white greek toga. the clearing was a bright spring green of very short and soft grass and the aquamarine was HUGE in a round pool in the middle of the clearing...with this wonderful waterfall :) I'm still there...and would much rather be there there than in NYC. :)
- 14:02:31 From Heimke Moll : Surrounded by orange and lemon trees, a few very old cork oaks and old olive trees. My young male dear was with me and I lay with my head on his belly and he put his head over my shoulder. My tommy, the fear of what is happening around us right now and what influence it has on our future, called me to touch it. THANK YOU!
- 14:03:03 From Anna Oeste : crows, eagles, Western Red Cedar, honey bees sing as I T-Touch my tummy and legs. i hear the sounds of the river flowing over the stones and I want to sing!
- 14:04:37 From Teresa Cottarelli-Guenther : I was in a wonderful forest on my orange carpet with Brita, Starlet Gaia Jenya's their leaves and roots is a universe in the universe!
- 14:08:01 From Ronnie Rugys : I wrapped myself in an open veil of silver and gold threads and flew to the forest with my dog who is in spirit. Our spirit bunny sat on his back and our cats in spirit now trailed along. It felt so good to connect with my dog again. In the opening I bathed in the crystal in the water as it sprayed and cleansed me. On soft grass I stayed with my dog as the rabbit and cats scampered into the forest. I touched myself and then found healing around my hips and pelvis. My treat was communing with Samson my dog once again. He was put down in a most gentle way at age 16 although he had cancer for many years, and was ready. However are we always ready to leave loved ones and transition. I apologized for this. He heard and we breathed in the air and felt each other . Thank you for this heartfelt experience with all.This is Roni. My chat always says it is from Me.

- 14:08:29 From Teresa Cottarelli-Guenther : ups, some part lost....., Brita, Starlet Gaia and Jenya form over the rainbowbridge and Kalika our beloved comanion. Sitting with them on the orange carpet, smelling the gras, hearing the birds and beeing connected with the trees, their leaves and roots, it was like an univers in the univers.
- 14:12:57 From gretchen langner : Linda
- 14:13:28 From gretchen langner : What about growing cartilage and removing bone spurs
- 14:17:31 From Glen Stephen : I need to leave now. Thank you everyone for the lovely connections today
- 14:17:50 From Ruby Rubin : Glen where are you from?
- 14:19:12 From Charlotte Erika Walker : night Glen!
- 14:20:14 From Paula Josa-Jones : Thank you everyone! We are so blessed to spend time together with Linda!!!
- 14:20:19 From Charlotte Erika Walker : Ruby Glen is in Botswana.
- 14:22:42 From Ruby Rubin : Thanks
- 14:26:56 From yonah gershator : This is why everyone needs to sing or make SOUND! :)
- 14:30:16 From yonah gershator : also hissing out on an "S" and experiment with more air or less air behind it.
- 14:31:35 From Yesim Alic : Shhhhhh sound is lungs sound in chinese medicine
- 14:33:58 From Morgine Jurdan : OH My God!!!
- 14:43:55 From Dana Davison : Thank you everyone, so grateful for this time to learn with all of you.
- 14:44:00 From Nancy Lund : Thank you, Linda!
- 14:44:03 From yonah gershator : thank you Linda! xoxo
- 14:44:03 From Charlotte Erika Walker : Thank you all xxx
- 14:44:19 From Heimke Moll : Thank you so much!

14:44:24 From Liz Thompson : Thank you xx

14:44:24 From Ruby Rubin : Many blessings and so grateful to you

14:44:25 From Sarah Hauser : thank you all!